



# The Breeze

## Upper Rissington's Newsletter

### Summer 2019

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Apologies for the slightly late publication of 'the Breeze' this quarter, sometimes there just aren't enough days in the week to fit in everything that needs doing (well, that's the Editor's excuse, and she's sticking to it!). But if that isn't the case for you, have a look inside for some ideas of things you might like to get involved with. One thing about Upper Rissington, there is always plenty going on!

Thank you, as always, to our regular contributors and to our advertisers, who make it possible for 'the Breeze' to continue in its full-colour format. I'm sure you're all a bit fed up with reading this each edition, but we always welcome new ideas and contributions, so do get in touch if you feel you have something of interest you could share. For example, if you've been on any good walks or visited anywhere locally you think others might enjoy, why not write something about it for 'the Breeze'? It might even give you a chance to show off your photos to a wider audience!

Hopefully by the time you receive this edition the sun will be shining again, but whatever the weather does, keep safe and have a good summer

Sue Handy (editor)

# Village News

## SOCIAL COMMITTEE UPDATE

### Easter Egg Hunt

It sounds pretty sensible, buy 500 eggs, anticipate 125 children, print out 'passports' that limit each child to four eggs and the maths takes care of itself. We had good reasons for the estimation of numbers. We based our estimates on previous years and allowed for a 25% increase in the number of children because the weather was forecast as good and the village has grown in the past year. The hunt was due to start at 11.00am and at 11.30 there were still people turning up adding to the 170 children already running around the field. We were a bit overwhelmed by the turnout but our volunteers coped well to bring down the initial queues.

We have made some plans for improving next year's Hunt. The first thing we'll do is increase the number of eggs to 800 and 'passports' to 200. Secondly, we'll emphasise the importance of trying to get there at the start of the event time and that's when the explanation of rules etc. takes place. It also ensures an equal opportunity for children in the hunt for eggs. Thirdly, we'll lose the dependency on the colour of tokens and children will have the opportunity of getting two small and two larger eggs regardless of token colours. Fourth, we'll look to marshal the field. We're fortunate that the little children in our village are generally polite and well behaved. However, in the heat of competition some over-enthusiastic behaviour was identified which in future years may lead to a yellow card and, in the worst cases, an appropriate penalty. There were a number of other improvements to our preparations that on the day admin identified which will ensure an even better hunt next year.

We were proud of The Cotswold School Interact Club and the effort and great attitude they showed when they ran a Tombola to raise funds for their charity, Barnardo's.

The event isn't intended to raise funds for the Social Committee and we use funds raised from other events to help pay for it. Checking what money came in and bills paid, this year the event cost £130 to run. Great value by any standard.

### Committee News

We've a great team of people on the Social Committee, drawn together by their desire to support the development of our community. We run regular events for the community and we always welcome new committee members or volunteers for on the day support. If you'd like to help the committee in the organisation, management or support of events, please get in touch at [ursc@btinternet.com](mailto:ursc@btinternet.com).



## Thanks

Thanks to the Children from the Interact Group from Cotswold School and the Rotary Team supporting their development. With the tombola they ran at the Easter Egg Hunt and other activities they organised they raised more than £500 to support their chosen charity Barnardo's. Well done.

## Upcoming Events—Annual Fete 6th July 12.00 'til 4.00pm

The preparation for the fete is well underway. There are planned demonstrations, games, competitions, stalls and a fun dog show. The fete just gets better every year with so many village organisations showcasing their activities.

If you'd like a stall please contact us at [ursc@btinternet.com](mailto:ursc@btinternet.com) the cost will be £10 a pitch, which is great value given the growth in attendees. As always, on the day volunteers helping out with set up, manning stalls and general support aren't just welcome, they're essential. So, if you can help on the day please send a note to [ursc@btinternet.com](mailto:ursc@btinternet.com) or chat with a committee member.

We are also looking for cake donations for our café and plant cuttings/donations for our plant stall. Please let us know if you can help out and bring them on the day.

## **HOMEGROWN ROTARY**



Since its inauguration in January, Rotary in the Rissingtons (RiTR) has achieved a remarkable amount. However, primarily we've been focusing on supporting the

Rissington School and creating "Rotary Corner" in the planned Sensory Garden. The area will be used for teaching children horticulture and healthy living. So far, we have planted an apple tree, relocated and filled raised beds, and moved reclaimable fencing and tool storage boxes to the site. We're about to embark on installing new fences and gates. In parallel, the Bourton Men in Sheds will convert some donated trestle tables into potting benches, so the children can get their hands dirty!



In April, RiTR orchestrated a Purple for Polio day which was run simultaneously on the GR and UR School sites. As well as learning about polio, the pupils raised sufficient money for 3000 children to be vaccinated to assist Rotary's aim of eradicating polio globally.

RiTR volunteers are drawn from the 4 Rissington villages and bring diverse skills and knowledge to community projects. We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday in the UR Village Hall between 7:30pm and 9pm. Everyone is most welcome. We have fun planning our projects over a glass of wine, or something softer, and crisps.



Follow us on [facebook.com/groups/333971530733927/](https://facebook.com/groups/333971530733927/)

# VILLAGE HALL UPDATE



Over the next few weeks you might notice a few changes at the Hall. Following a number of consultations, we've drawn up a list of improvements. Some will require grant funding and will take a little longer to implement, some need further clarification and will be in the pipeline shortly. The immediate plans to be implemented in the next few weeks are:

- A display board to showcase village talent and activity to be placed in the Foyer. This will be an opportunity for the community to share its talent. We hope to be able to host displays of art and photography from organisations and individuals in a 1200mm by 1800mm display case. We want to keep the display fresh, so if you feel you can help us do this, please get in touch at [secretary@urvh.org](mailto:secretary@urvh.org).
- A leaflet storage unit will be placed in the entrance lobby to contain A5 flyers and leaflets of local information. This will take away the clutter from the table in the Foyer as well as being a useful resource to the community at the times the Hall is open.
- Floor mats will be made available for all entrance doors to help hirers keep the Hall floor clean when outdoor events are included in the hire.
- A baby changing unit will be installed in the unisex toilet.
- A grit bin will be provided in the car park to help us maintain the safety of the Hall when we expect ice or snow.

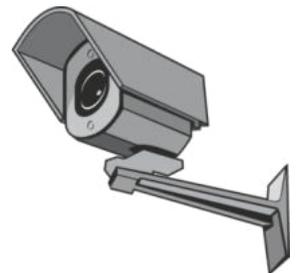
In the Autumn we plan on using volunteer effort to decorate the Community Room and the Foyer. When we do this, we'll also put dado-type rails in the Community Room to facilitate hanging party and event paraphernalia and we'll introduce shades of colour into the rooms.

We're in the process of evaluating quotes for the lighting in the car park with the aim of providing a better system with lower running costs and environmental impact.

We've developed a priority list for updates, upgrades and improvements to the Hall. Some items have fallen down the list purely because of costs. Expect to see more news regarding the internal lighting, the kitchen and more substantial improvements to the Hall when we identify funding streams. In the meantime, things are on the move.

## **Last Quarter**

We've upgraded the security of the Hall. We now have the whole Hall covered by security cameras and the Management Team have online access to the footage so that we can monitor use of the Hall remotely. We've been fortunate that we've only had one instance of vandalism so far but we have to be prudent and protect the Hall as well as we can.



In our consultations with the community our new furniture was hailed as a welcome change, improving the aesthetic and the practicality. However, we were told of the difficulty some Hall users have using the furniture. Consequently, this quarter, we've added six chairs with arms to our stock of furniture. This will enable easier use for less mobile members of the community. These are now located around the Foyer and coloured to blend in with existing furniture

### **Your Village Hall**

Every quarter we like to remind you that the Village Hall is there for you. We have a range of assets which could be used more often, including the badminton equipment and the table tennis tables. If you have any ideas for the Village Hall, or if you want to set up a group such as a table tennis or badminton club, please contact us. We don't have the resources to set up and run these things but we might be able to put people together to create new vibrant community groups. If you want to hire the Hall or get in touch, please contact us at [bookings@urvh.org](mailto:bookings@urvh.org). If you don't have email, leave us a message on 01451 821820 or drop a note in the letter box at the Village Hall.

### **The Trust and The Management Team**

Having welcomed Martin Johnson to the team last edition, we now have to sadly say goodbye as Martin has moved on and is now one of our Parish Councillors. Thank you for your help in the short time you were with us Martin and we look forward to working with you in your new position. Congratulations on your election.

We have a strong skill set in the team but we can still use more members to help us manage and develop the Hall. We currently have four Trustees and six Management Team members. We need people who have a sense of community and can focus on making the Hall a great community asset. We like to focus our time in a positive and constructive way. We want to work with people who either have skills that support the management of the Hall or attitudes and creativity that support the appropriate development of the Hall for the community. Enthusiasm is as important as management experience. Please get in touch for an informal chat to see if working with the Management Team is for you. Call 01451 821820 and leave a message or email [secretary@urvh.org](mailto:secretary@urvh.org).

### **Thanks.**

Thanks this quarter go to Jackie Oliver and all the people in the village who have donated plants and seeds. You may have noticed the beautiful splash of colours showing in the Village Hall borders. This is due to Jackie's unstinting efforts over the past two years to get us to where we are now. Thank you Jackie, the community has reason to be grateful to you and the Management team value your effort and ability.

Please visit [URVH.org](http://URVH.org) regularly to check out the Hall calendar.

## **PIONEERS**

Pioneers continues to flourish, with a good number gathering in the Community Room at the Village Hall on alternate Wednesday mornings to enjoy refreshments and time to meet up and chat. It's a great way to get together with friends – and to make new ones. So if you haven't done so already, why not come and check us out?

Next dates are **5th and 19th June, and 3rd and 17th July**. Drop in any time between 10.30am and 12.30pm – you'll be made very welcome! (Suggested donation: £2)

# Behind the Road Names in Upper Rissington – part 10

## Merlin Close

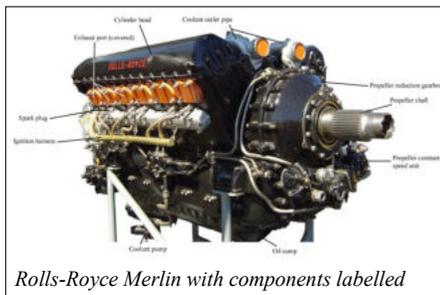
If you reference Merlin, you come across some modern planes and the Merlin Helicopter, but the most famous use of the name was for the Rolls-Royce Merlin engine which was first run on 15 October 1933 and first flew in a Hawker Hart on 21 February 1935.

The Merlin is a British liquid-cooled V-12 piston aero engine designed by Rolls-Royce, initially known as the PV-12 or Private Venture 12-cylinder. It was later called Merlin following the Rolls-Royce convention of naming its piston aero engines after birds of prey. It was in the early 1930s that work started on designing a more powerful engine and after several modifications, the first production variants of the PV-12 were completed in 1936. The first operational aircraft to enter service using the Merlin were the Fairey Battle, Hawker Hurricane and Supermarine Spitfire. Although the engine is most closely associated with the Spitfire, the four-engined Avro Lancaster was the most numerous application, followed by the twin-engined



*Workers assembling cylinder heads on the Hillington Merlin production line in 1942*

de Havilland Mosquito. The early production Merlins proved to be unreliable but with design modifications these problems were overcome.



*Rolls-Royce Merlin with components labelled*

Production of the Rolls-Royce Merlin was driven by the forethought and determination of Ernest Hives, who at times was enraged by the apparent complacency and lack of urgency he encountered in his frequent correspondence with Air Ministry and local authority officials. Hives was an advocate of shadow factories and,

sensing the imminent outbreak of war, pressed ahead with plans to produce the Merlin in sufficient numbers for the rapidly expanding Royal Air Force. By the end of its production run in 1950, 168,176 Merlin engines had been built; over 112,000 in Britain and more than 55,000 under licence in the U.S.

## Meteor Close

The Gloster Meteor was the first British jet fighter and the Allies' only jet aircraft to achieve combat operations during the Second World War. The Meteor's development was heavily reliant on its ground-breaking turbojet engines, pioneered by Sir Frank Whittle and his company, Power Jets Ltd. Development of the aircraft began in 1940, although work on the engines had been under way since 1936.



The Meteor first flew in 1943 and commenced operations on 27 July 1944 in the RAF with No. 616 Squadron. The Meteor was not a sophisticated aircraft in its aerodynamics but proved to be a successful combat fighter. Gloster's 1946 civil Meteor F.4 demonstrator G-AIDC was the first civilian-registered jet aircraft in the world.



*Meteor photo shoot (from Skyvan) over Upper Rissington July 2018*

Several major variants of the Meteor incorporated technological advances during the 1940s and 1950s. Thousands of Meteors were built to fly with the RAF

and other air forces and remained in use for several decades. With its widely set engines, the Meteor could perform a seemingly stationary vertical cartwheel by individual engines throttled back and forward, known as the "Zurabatic Cartwheel", named after Gloster's acting Chief Test Pilot. It was first demonstrated by a Meteor G-7-1 G-AMCJ prototype at the 1951 Farnborough Air Show. Many Meteor pilots went on to "prove their mettle" by attempting the same feat.

### **Pelican Walk**

In 1958, the Central Flying School based at RAF Little Rissington formed a four-plane aerobatics display team of Jet Provost T1s. In 1960, the aircraft were replaced with the Jet Provost T3 and the team was renamed The Pelicans after the mascot of the Central Flying School. The team's aircraft had no special markings applied but wore the standard silver and orange day-glo training colours of the day.

Halfway through the 1962 season the team re-equipped with four Jet Provost T4s and a smoke system was also fitted to each of the display aircraft. Thus the Red Pelicans team was born and they performed at shows up and down the country, including the annual SBAC show Farnborough in September 1962.

The 1963 season saw the team extended to six aircraft. The aircraft were also given a new colour scheme, with the standard training colours replaced by an overall day-glo-red scheme.

At the end of the display season the RAF decided that the Red Pelicans should be the premier RAF aerobatic team for the 1964 air show season, led by Flt Lt TEL Lloyd. The Pelicans replaced No. 56 Squadron RAF Firebirds Lightning team in the role.

In 1965 the Red Arrows took over the role of the RAF's aerobatic team and the Red Pelicans were trimmed down to four aircraft without a smoke system facility. They were also re-painted into a post -box-red scheme.

The Red Pelicans continued to entertain the crowds at air shows, often alongside the Red Arrows, until they were forced to disband at the end of the 1973 season by the 1973 oil crisis.



*The Red Pelicans at a display in 1964*

# 1st Upper Rissington Scout Group B-PSA



The group is going from strength to strength with more and more joining us every month. Our Beaver section has surpassed all expectations and we now find ourselves having to take the regretful decision to close the section for new applicants and open our first ever waiting list, although the wait shouldn't be too long as we have Beavers ready to move up to our Wolf Cub section later in the year.

Our Beavers have been learning about caring for the village and world around us. This term they took part in a litter pick which will become a regular event involving all sections of our Scout Group. They enjoyed looking at the trees around the Village Hall and studying the different leaves and doing rubbings of the tree trunks and looking at the different types and patterns of the bark.



Our Wolf Cubs have also taken part in a litter pick, choosing the area of the village they wanted to do. Their conservation and caring for local wildlife has taken up most of the term, with walks to areas of the village they might not have discovered before and looking at the diverse wildlife of quite a compact area.

Our Scout section have been learning about maps and will be working on their flight, first aid and knifework badges in the coming weeks.

We will be attending the Village Fete in July where we will have an information area along with some games to raise some funds for the group.

We have a uniform day trip to Cotswold Wildlife Park the day after the village fete and have a summer camp planned.



If you are interested in your child joining us then please contact us either through our facebook page or website or you can call into the Village Hall on a Friday evening. We offer a four week free taster period to allow your child to see what we do in traditional scouting.

As we are increasing in members we also find ourselves needing to find new officers, if you would like to join us in providing this valuable service to the children of Upper Rissington and surrounding villages please get in contact with us or see us at the Village Hall on a Friday evening. All our officers go through an enhanced DBS check and there are regular training courses available through Baden Powell Scout Association.

<https://1stupperrissington.wixsite.com/scouts> & <https://www.facebook.com/1strissiscoutgroup/>

# Little Hurricanes

Baby & Toddler Group for the under 5's and their parents/grandparents/carers

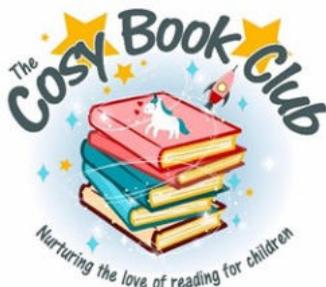
Every Thursday during term time 9.30am to 11.30am @ Village Hall, Wellington Road, Upper Rissington GL54 2QW  
littlehurricanes@hotmail.com



We like to look for themes and invite activities into our sessions to bring interest and information to our parents and carers. Over the past few months we have enjoyed the Cheltenham Festival with our own day at the races involving a free lucky dip for the Unicorn Chase with prizes for first and runner up places. Usborne Books set up a stall to sell their books and other products. Cosy Corner, a new charity set up by one of our villagers to help children have free access to reading, held a bake sale with us to raise some funds for them and collect donations for books, blankets and soft toys.



Aquatots attended one morning to talk to parents interested in teaching their children to swim and held a competition for a free Duckling Course, a fabulous prize just for our attendees.



We also welcomed the arrival of spring, made a simple craft for Mother's Day, enjoyed some Easter treats, had a pinata filled with Sunflower seeds for planting, and held our regular musical mornings with Monkey Music and Songtime Sally. Alongside all of this, the NHS Baby clinic continues to receive and assist our new parents.

We run a lot out of this group, so after carefully reviewing and forecasting of our accounts, the committee decided to approach the Parish Council for further funding to retain the musical sessions we hire. The group relies on donations as a community service and we would not wish to have to cut back on anything we have worked hard to establish. We were therefore delighted when the Parish Council approved our grant application and we thank them on behalf of the village in supporting this community effort.

Looking ahead, we have Father's Day, Alastair Currill photoshoot, Wimbledon week and more before we break for the School Summer Holidays. However, we will arrange at least one summer session to allow the NHS Baby Clinic to have a presence in the village over the summer. Please keep an eye on our Facebook page for any postings on this and any other plans we arrange.

[Like us on Facebook to keep up to date with arranged events](#)  
Donation of £2 per family suggested



For information about CUR:ve activities and events over the summer, please email [sendtocurve@gmail.com](mailto:sendtocurve@gmail.com) or check out our website at [www.curveweb.org](http://www.curveweb.org)



# RISSINGTON SCHOOL NATURAL SENSORY PLAYGROUND (UPPER SITE)

## **The Rissington School Summer Raffle (Open to the whole village!)**

A huge thank you to all the fabulous local companies and individuals who have donated prizes for The Rissington School Summer Raffle. Tickets are now available through the families with children at both sites or by emailing [friendsofrissingtonschool@gmail.com](mailto:friendsofrissingtonschool@gmail.com). All proceeds will go towards the costs of the new Natural Sensory Garden and general garden upkeep. Prizes include:

*Majestic Wine - Wine tasting evening for up to 10 people in store or at home (approx 1.5 hrs).*

*Burford Golf Club - 2 hours game play for 4 people in the new indoor golf simulator.*

*Cotswold Wildlife Park tickets - 1 Adult, 1 Child.*

*Cotswold Farm Park - 2 adults, 2 children.*

*Blenheim Palace - Family ticket, 2 adults & 2 children (aged 5-16, under 5's go free). Until 1st Nov 2019*

*Batsford Arboretum - Family ticket.*

*The Yoga Tree - 10 free yoga sessions for 1 person (group classes)*

*The Lamb Inn, Great Rissington. Sunday lunch three course meal for four guests.*

*And many many more....*

Please support us and purchase tickets.

## **Thank you!**

We would also like to thank Fosseway Garden Centre and Octopus Energy for their incredibly kind donation of trees for the new Sensory Garden. Without all of the kind support we simply couldn't complete the works we are planning to do for the children.

As you may have noticed the Allotments are well underway, and the Rotary in the Rissingtons are doing a fantastic job of "Rotary Corner".

If you or your company would like to get involved in helping the school please contact Friends of the Rissington School.



# Rissingtons Local History Society

We had an excellent talk from Tim Porter in **March** on Medieval Malmesbury with some wonderful slides. Our visit in **April** was to Winchcombe where we had a guided walk by David Aldred round the Saxon town, focusing on the remains of the Abbey. He also pointed out buildings in the town where stone from the Abbey had been reused to build a new building!

Women Travellers and Explorers is our topic for **May**.

Forthcoming events:

## Friday 21st June 2019 11am Visit to Highnam, Gloucester.

Highnam Church, commissioned and beautifully decorated by Thomas Gambier Parry, the father of composer Hubert Parry, will be our first visit. This will be followed by lunch and our second visit is to Highnam Court Gardens – 10 acres of beautiful gardens restored over the last 20yrs or so.

*Venue Meet at Highnam Church. Details to follow.*

**Limited places and open to members only –  
contact Alice Foster 01451 822766/alice.shopping@talk21.com  
to reserve a place.**



There will be no events in July and August, so enjoy the summer. Our first visit on **Friday 20th September** will be a guided introductory tour of the exhibition entitled "Last Supper in Pompeii" at the Ashmolean Museum, Oxford.

**Visitors Welcome - £3.50 to include refreshments.**

For further information, please contact

Sue Brown on 01451 820233/spsb@hotmail.co.uk

or Tony Ellam on 01451 833854/anthonyellam@btinternet.com.

## \* \* PROBUS \* \*

Along with the current members from the Rissington area who already take part in the activities at the Probus Bourton on the Water branch, we would love to have you come and join us for our summer programme. Why not add your name to our list of members, and join us in the up and coming events?

Our latest programme continued in May with talks on Warming up at the BBC, and Britain in the 50s. Both fascinating subjects. June will see us visit a Brewery and the Aerospace Museum at Bristol. We will also be hearing about 'Universal Misunderstandings. Come and join us!

You can call our secretary Chris on 01451 820787 or come as a guest of one of our members. Hope to see you there! You will be very welcome!

To understand a little more about the Organisation online visit Probus Clubs UK.'

# Gardening on a Hill

Gardening and gardens, in my mind, have a wonderful effect on health and well-being. Creating a space for people to sit and watch nature is so important in my work. My garden space is very precious to me. It is where I unwind from the day's work. It's difficult to imagine being without my green space. So creating such a space for my clients is equally important to me.

It's so rewarding when I see my customers enjoying their little part of the natural world just outside their door. So you can imagine how I felt when I turned up to one of my client's gardens in the village and found her very upset because somebody over the weekend had stolen her garden benches.

I was not only surprised that this sort of thing is happening locally but very angry at the thoughtlessness of this crime. These benches were not only furniture in her garden but resting places for her as she has difficulty walking. This sort of crime from a person's home is most difficult for me to get my head round. We work so hard to make our homes and gardens places of comfort for ourselves and then some stranger comes in and takes that comfort away with no thought for anyone else but themselves.

I noticed on my local neighbourhood watch information that this sort of crime has happened again in the area so please keep an eye out for any strange behaviour in your neighbourhood and maybe join your local neighbourhood watch team. There is plenty we can do to prevent our belongings being stolen but most importantly we can support each other by being vigilant when out and about in the village.

## **Back to gardening**

I notice more than ever that being in my garden or on my allotment and around plants has a massive effect on my state of mind. It provides me with comfort, calmness, and pure simple enjoyment. But there is a fair bit of work to put in before your garden becomes that tranquil place. Good soil management is vital if plants are to grow well. Healthy, fertile soil, with a good structure, allows plants to absorb water and nutrients, and is perhaps the most important part of the growing process. To feed the soil, and improve its structure, use bulky materials like garden compost, rotted manures or leaf mould. These materials release nutrients slowly, improve soil conditions, and stimulate essential micro organisms.

Making and using compost is the cornerstone of gardening, especially organic gardening. The finished product is rich, dark, crumbly and sweet-smelling. It is made of recycled garden and



kitchen waste, and can also include paper products. It is used to feed and condition the soil and in making potting mixes. Around 40 percent of the average dustbin contents are suitable for home composting so it helps cut down on landfill too. Making compost is often considered to be complex but all you need to do is provide the right ingredients and let nature do the rest. However, a little know-how will help you make better compost, more efficiently.

pH is the measurement of the acidity/alkalinity level of the soil. Knowing your own soil pH helps you decide which plants will grow successfully, or what you need to do to increase productivity. Soil testing kits vary in price (they are available at garden centres and on-line), but all of them use a scale of 1 to 14, with the neutral point at 7. Between 1 to 6 indicates an acid soil, and 8 to 14 alkaline. Most vegetables grow in a range between 6.5 – 7, and fruit in 6 – 6.5.

To prepare your growing area – whether it is a pot, single bed or a large allotment, it will help you to create the perfect soil that has nutrients and texture to provide life for your plants.

Your first battle might be with weeds. These compete with other plants for light, nutrition and water, so you need to clear them before you start growing. If your plot is small, you can dig the weeds out, making sure you remove the whole plant, plus root.



### **Allotment Gardening**

Growing your own food can be so rewarding and of course healthy. Your hard work is rewarded on the plate and there's the exercise involved too. Living in the UK, with distinct seasons, it is a challenge to keep yourself in vegetables all year round but the things you can grow in the summer can be a healthier and cheaper version of what you get in the shops. So why not have a go? Whether you grow in an allotment, garden or window boxes, here's some advice and practical tips on how to avoid those 'hungry gaps' and to extend your harvest throughout the year.

Sow or raise plants early in the year, indoors. Cool, light windowsills in late January and February are perfect for seed sowing, especially if you don't have a greenhouse.

The key to success in having veg through the winter is succession sowing. After your first flush of spring sowing and planting, continue to sow in mid-summer. This captures the productive growing time in autumn. Choosing the right variety is important when you are sowing through the season. 'Early' varieties will give a quicker crop at the start and end of the season.

**Carrots**, for example, can be sown in June for use over winter. This also has the added bonus of missing the first attack of the carrot root fly. Sow an 'early' variety again in mid July - or August - for a final quick crop. **Beetroot** is also worth sowing several times, using 'bolt resistant' varieties early in the season, with final sowing around July in mild areas.

Autumn **onions** and **garlic** can be planted from September to November. Both will be ready in June and July, when stored crops are usually finished, and before your spring-planted onion crop is ready.

**Spinach beet** and **Swiss chard** are excellent alternatives to spinach, cropping for months rather than just a few days.

**Lettuces** come in many shapes, sizes and colours. Some can be grown well into autumn. The loose leaf varieties are slow to run to seed. And the cut and come again variety extends the harvesting period.



*(continued overleaf)*

## Gardening on a Hill *(continued from p13)*

You can sometimes fill the gaps by choosing a different type of vegetable. Try mini-veg varieties. These are ready to harvest sooner than a large size variety, which is particularly helpful if you have a short growing season. Some are naturally small plants. Others will grow to full size given the chance.

Your garden is your own little patch of the world to look after. Most gardens are quite small, but there are 15 million of them in the UK. If all of these gardens were cared for organically, it would create a much better environment – for our families, plants and wildlife.

### Bees

It was World Bee Day on the 20th May so lets help keep our bees. When bees forage for food (nectar and pollen) they are actually helping the plant by transferring the pollen from the male to female parts of the plant – thus ‘pollinating’ it to fertilise the embryo, which will create a fruit or seed. A good example is apple blossom, which, once pollinated, will set to create a fruit. Or any flowering vegetable, such as courgettes, beans and peas. And of course the fruit or vegetable will contain the seed for future generations of plants. The pollen itself is a protein for bees, and the nectar a source of sugar for energy. Honey bees will use this sugar to create honey in their hives.

Bees are having a tough time. Modern agricultural practices have deprived them of their habitat, reduced the variety of flowers they can gather pollen from, and introduced dangerous chemicals into their diet. These chemicals, often based on neonicotinoids, can alter a bee’s directional sense, weaken its immune system and radically reduce its fertility.

As organic gardeners we can do much to help bees. Growing a variety of blooms will provide the bee with nectar and pollen throughout the year. Avoiding toxic chemicals will keep bees and other insects safe. And we can provide suitable areas for bees to nest.

Plan your planting. Most bees are active from March to October. Early flowers such as dandelions, pulmonaria, hellebores, pussy willow and spring blossom provide much needed energy sources. Summer and autumn blooms loved by bees include lavender, cat mint, comfrey, and culinary herbs left to flower, such as marjoram and chives. Some bees, like the buff-tailed bumble bee, don’t hibernate. They need winter flowers like snowdrops, winter-flowering honeysuckle and heather to survive. Don’t forget bees like wild flowers too! Keep some clover and daisies in your lawn. Leave a flowering thistle or two.

There is no need to spray pesticides in your growing area. The danger lies either in residues left on plants, or in the ‘off target’ effect – when you think you might be spraying an aphid, but the spray drifts and affects other insects. Leave some parts of your growing area untidy. Some solitary bees like to nest in old masonry or hollow twigs. Bumble bee queens hibernate and build their nests underground so putting an old piece of pipe in the ground with the end sticking out will give them a helping hand.

Finally just get outside and enjoy nature, it’s so rewarding! Until the next time, happy gardening!



# PUZZLE BREEZE

K	I	N	G	C	U	P	P	Y	S	N	A	T	E
A	S	S	O	L	G	U	B	C	B	Y	I	H	S
S	U	O	I	B	A	C	S	L	N	P	O	I	E
S	D	O	C	K	R	R	U	E	B	N	N	S	S
N	U	F	O	R	G	E	T	M	E	N	O	T	O
O	S	O	W	L	B	T	H	Y	Y	R	R	L	R
W	H	X	S	E	L	T	S	W	G	P	L	E	M
D	C	G	L	E	O	U	V	O	O	E	P	L	I
R	T	L	I	X	C	B	D	X	B	L	A	O	R
O	E	O	P	K	M	A	A	E	U	A	L	N	P
P	V	V	L	C	I	L	R	A	G	D	L	I	W
A	D	E	O	S	F	A	T	E	L	O	I	V	W
V	I	O	Y	L	H	T	S	L	E	R	R	O	S
E	T	I	N	O	C	A	M	P	I	O	N	E	F

It's lovely to see so many flowers around at this time of year—but (just for fun) how many of the following flowers can you find in the grid above?

Aconite

Bluebell

Bugle

Bugloss

Buttercup

Campion

Clover

Cowslip

Daisy

Dock

Dog rose

Flax

Forget me not

Foxglove

Harebell

Honeysuckle

Kingcup

Nettle

Poppy

Primrose

Scabious

Snowdrop

Sorrel

Tansy

Thistle

Vetch

Violet

Wild garlic

Willowherb

# Greystones Swan Lake 10K Run – 14<sup>th</sup> July

North Cotswolds Rotary have teamed up with Gloucestershire Wildlife Trust (GWT) to organise a 10k cross-country run over the lovely Cotswold countryside on Sunday 14th July 2019. All funds will go to support GWT's work at Greystones Farm Nature Reserve. There will be a fun run around the archaeological hill fort at Greystones for children aged 12 and under with medals for all taking part.



If you are a runner this is a great opportunity as most of the route is across fields and country tracks. The race starts and finishes by the new Visitor Centre at Greystones where facilities include a cafe and toilets, with limited disabled parking. Parking is available in a the car park on Station Road, a short walk from Greystones Farm. There is microchip timing and prizes for the first 3 men and first 3 women, plus spot prizes.

The Swan Lake 10k Run starts at 10.30am and an entry (ages 13 and over) costs £10 if booked in advance or £12 on the day. The Children's race starts at 9.45am and an entry (ages 12 and under) costs £2. Registration will be open from 8:30am so please allow enough time for registration. Advanced ticket sales from Ticket Source - <https://www.ticketsource.co.uk/date/636155>

## Why I volunteer ...



I re-located from Essex and moved here over 6 years ago, acquired 2 dogs and quickly met lots of lovely people whilst out walking daily. 18 months later my son came along and at the time when I was looking for activities to entertain and help with his development there wasn't anything available in our own village. Initially, as a new parent I was hoping to meet other parents for friendship and support but found I had to venture down to Bourton to find anything close. Fortunately, as the village had started to expand, I didn't have to wait too long before a group of mums took the initiative and effort to set up Little Hurricanes, and I went along to their first session. I am always willing to grab a T-towel and help clear up and in time I came to know a lot of mums and made friends by getting involved. I like to be part of a team, and whilst I work remotely from my Essex office at home there is nothing like a bit of camaraderie amongst friends and colleagues when working together. After a year I joined the committee for Little Hurricanes and later took over the role of Treasurer.

Last Summer I also got involved with Upper Rissington Social Committee after approaching them for advice on running some Summer Holiday events for the Under 5's. It has been very interesting to learn and support how the larger events are put together for our village to enjoy, all run by a great team of volunteers.

My son started in Reception at School last September, and whilst maybe I could consider withdrawing from Little Hurricanes, I still enjoy meeting new people and seeing the fun and service this group has to offer our villagers. I would find it very sad if any of the groups and events being provided to our village were no longer able to operate as these outlets are what helps to make a community bond and grow. Not everything in life has a price tag attached and what we can do freely for our village will make it an even nicer place to live.

## **Cotswold Festival of Motoring**

### **4<sup>th</sup> August at The Cotswold School**

Following the success of the inaugural Cotswold Festival of Motoring in 2018, North Cotswolds Rotary and Rotary in the Rissingtons are organising a return event on Sunday 4<sup>th</sup> August at The Cotswold School. As well as being a fun day out for all the family, the Festival is raising money for 4 fantastic charities: Great Western Air Ambulance, North Cotswolds Community Awareness, Endometriosis UK and Sue Ryder Leckhampton Hospice. Moreover, The Cotswolds School will also benefit from the proceeds.

A real crowd pleaser in 2018 were the cars from TV and the Movies. We're expecting an even bigger cast from Motion Picture Motors this year. The cast is expected to include favourites from 2018 such as a Mustang and Charger from the iconic car chase in Bullitt, Blues Brothers and Delboy's Van – plus some cars new to the Festival, which may include Starsky & Hutch, Gone in 60 seconds Eleanor GT 500 Mustang and many more. So selfie sticks at the ready!



In addition, over 150 superb; vintage, classic, collector, sports and “interesting” vehicles are expected. Exotic marques such as Aston Martin and Ferrari will be included of course. But the Festival will also have some nostalgic favourites and rarely seen cars too. There really will be something for everybody. Amongst the wider display there will be some unique collections of vehicles. Including 7 examples of the different BMC Mini models. From the iconic Cooper S to the Moke, with everything in between.

As well as vehicular fun, this year will have a wider selection of stalls aimed at the whole family. As well as traditional stalls, the very popular free climbing wall for youngsters to enjoy is returning, kindly sponsored by JWORX.

The food and drinks available at the Festival have been carefully chosen. Enjoy Thai street food, pizza from a 1970s caravan, ice cream from a 1960s Mini ice cream van, and barista coffee from a traditional Italian tricycle. There'll also be an opportunity to enjoy refreshing summer drinks and beers.

New for this year will be live music in the food court area from “Paige and the Red Shift”.

There will be a “People's Concours” Competition with a difference. Festival goers can vote for the vehicle they would most like to take home. Naturally, the owner of the most popular vehicle will receive a prize; but voters will be winners of a special prize too.

Last year's Festival raised £4000. So, with more content, and good weather (fingers crossed), we're aiming to do even better for some causes that really need our help.

The Festival is open from 10 till 4. Adults £7 and accompanied children go free. More details from [www.cotswoldfestivalofmotoring.org](http://www.cotswoldfestivalofmotoring.org) and discounted advanced tickets from [www.ticketsource.co.uk](http://www.ticketsource.co.uk)

## MUCH NEEDED WHEELCHAIR ACCESSIBLE VEHICLE FOR THE NORTH COTSWOLDS

With the help of a generous grant from the Weston Anniversary Fund, Cotswold Friends is delighted to announce the addition of a Wheelchair Accessible Vehicle, (named Weston of course!), to its Community Transport Service.

The VW Caddy has been specially adapted to carry a person seated in a wheelchair, meaning that transfer from wheelchair to car and back again is no longer needed. A wheelchair can be provided if required. The vehicle can carry three additional passengers and also features an adapted front passenger seat which swivels, allowing people with limited mobility to get in and out more easily.

Julie Mitchell, Community Transport Manager, believes this new service is much-needed and said, "We are really excited about the opportunity to reach wheelchair users in the North Cotswolds who have been unable to access safe, reliable transport and may have become isolated as a result. With our new vehicle, Members no longer need to struggle to transfer from a wheelchair into a car but can be safely transported in their wheelchair, accessing the vehicle via a ramp. We have two drivers operating the new service, both fully trained members of staff. I am sure that the freedom and independence this service offers will prove a wonderful support to our community"

Margaret Clayton recently tested out the new vehicle. After suffering a stroke last year Margaret is currently a wheelchair user and explains, "I have very good friends who take me out, but I have to transfer from the wheelchair to the seat and then they have to fold the wheelchair up and put it in the boot, all of which is very difficult, whereas with the new vehicle you can just push me straight onto it. Three friends can come with me and we can go out for an afternoon. I will go out much more because it is easy to get into the vehicle, whereas it takes at least ten minutes for me to transfer. It was very good indeed, very comfortable and you can easily speak to the people in front of you. It's splendid altogether – I think it's a wonderful addition to the facilities that Cotswold Friends' supply."

Cotswold Friends has worked hard to make the new service as cost effective as possible and as such the journey costs will be £1.00 per mile for passengers travelling alone, with the cost going down to 50p per person per mile, whenever multiple passengers travel together. For individuals, groups or organisations wishing to use the vehicle throughout the day, a daily charge may apply. The pricing compares favourably to the cost of a taxi and a wheelchair user can travel with a friend or carer for the same price as travelling alone.

Visit the Cotswold Friends website at [www.cotswoldfriends.org](http://www.cotswoldfriends.org) to watch a short film showing the new vehicle 'Weston' in action. To book 'Weston' or for further information please contact: Cotswold Friends Community Transport Service Tel: 01608 651115 (Email: [transport@cotswoldfriends.org](mailto:transport@cotswoldfriends.org))



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2pm Saturday 24<sup>th</sup> August 2019

Held at

The Royal British Legion Hall

(Off Lansdowne, Bourton-on-the-Water)

Refreshments are served at the show

There is a wide variety of categories to enter,  
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A full copy of the show schedule and entry  
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[www.gfgs.org.uk/clubs/bourtonvale](http://www.gfgs.org.uk/clubs/bourtonvale)

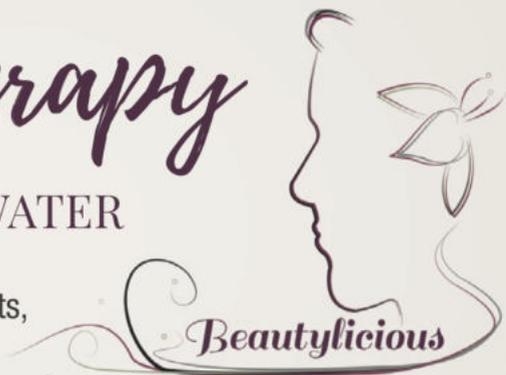
Entries Secretary: Mike Marshall, 6 Folly Field, Bourton-on-the-  
Water, GL54 2HH Tel: - 01451 820866

BVHS Secretary: Antoinette Green, Lansdowne, Bourton-on-the-  
Water GL54 2AR Tel: - 01451 824141

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Junior & Family (7 Years +) - 18:30 - 19:30

### TUESDAYS

#### Upper Rissington

Upper Rissington Village Hall, GL54 2QW

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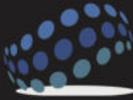
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## Useful Contacts In Upper Rissington

This is a list of people and organisations in Upper Rissington who provide goods or services in the village. Inclusion in this list is not a recommendation. If you would like your business included the cost will be £5 towards the printing costs of 'The Breeze'. Contact [URNEWS@btinternet.com](mailto:URNEWS@btinternet.com) or call 07592 533596 for more details.

Other useful sources of information about the village include the facebook page and the independent website [www.upperrissington.org](http://www.upperrissington.org). Please note that any opinions expressed on these sites are personal to the contributors and are not promoted by 'The Breeze'.

Name	Service	Web/email	Phone
Police	Non-Emergency Number		101
Albion Water	Water Service Emergency Customer Services		0800 917 5819 03300 242020
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The Breeze	Newsletter	<a href="mailto:URNEWS@btinternet.com">URNEWS@btinternet.com</a>	07592 533596
Rissington Singers	Village Choir	<a href="mailto:rissingtonsingers@gmail.com">rissingtonsingers@gmail.com</a>	
CUR:ve	Church in UR	<a href="mailto:sendtocurve@gmail.com">sendtocurve@gmail.com</a>	
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John Surch	Great Rissington Cricket Club - Seniors	<a href="mailto:surch@gotadsl.co.uk">surch@gotadsl.co.uk</a>	01451 820567 07808 307364
Pete Garrett	Great Rissington Cricket Club - Juniors	<a href="mailto:Petegarratt117@gmail.com">Petegarratt117@gmail.com</a>	07788 896496

The next issue of 'The Breeze' is due to be published in September 2019. Please contact us at [URNEWS@btinternet.com](mailto:URNEWS@btinternet.com) or call 07592 533596 if you would like to contribute articles or news items. The deadline for contributions is Friday 16th August 2019.

For advertising enquiries you can also email Keelin McLeman ([keelinbracken@gmail.com](mailto:keelinbracken@gmail.com))



(picture courtesy David Harrison)